

Fred J. Bressler, MD, FACS

Professional Address

Texas Medical Center
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Academic Appointments

Clinical Assistant Professor, Department of Otorhinolaryngology and Communicative Sciences; Baylor College of Medicine, Houston, Texas. 1993 – current

Clinical Assistant Professor, Department of Division of Plastic Surgery; Baylor College of Medicine, Houston, Texas. 2007- current

Post Graduate

AAFPFRS Fellow: American Academy of Facial Plastic and Reconstructive Surgery
Department of Otolaryngology-Head and Neck Surgery
University of Texas Health Science Center-Houston, Texas
Preceptor – Russell W.H. Kridel, MD, July 1990 to June 1991

Fellow: Joint Council for Advanced Training in Head and Neck Surgical Oncology
Department of Otolaryngology-Head and Neck Surgery
Northwestern University Medical School, Chicago, Illinois
American Cancer Society Scholarship
Preceptor- George A. Sisson, Sr., MD, July 1989 to June 1990

Graduate and Medical Education

Resident: Department of Otolaryngology-Head and Neck Surgery
Northwestern Memorial Hospital
Northwestern University Medical School
Chicago, Illinois, 1986 to 1989

Resident: Surgery, Metropolitan Group Hospital Residency in General Surgery
University of Illinois at Chicago, Metropolitan Affiliated Hospitals
Chicago, Illinois, 1984 to 1986

Medical School: University of Illinois Abraham Lincoln School of Medicine
Chicago, Illinois, 1980 to 1984
MD Degree, 1984

Undergraduate

Northwestern University
College of Arts and Sciences
Evanston, Illinois, 1976 to 1980
Degree, BS Biochemistry, 1980

Board Certifications

American Board of Facial Plastic and Reconstructive Surgery, 1996
American Board of Otolaryngology, 1990
Joint Council for Advanced Training in Head and Neck Surgical Oncology, 1991
National Board of Medical Examiners, 1985

Medical Licensure

Texas

Professional Practice

∞ The Bressler Center for Facial Plastic Surgery and Skin Care
Group Single Specialty Private Practice
Houston, Texas 2008 - present

∞ Fred J. Bressler, MD, FACS
Facial Plastic Surgery
Private Practice, Solo
Houston, Texas 1993-2008

∞ Facial Plastic Surgery Associates
Houston, Texas 1991-1992

Skin Spa

Medical Director for The Bressler Center Skin Spa
Houston, Texas; established 2008 – Present

Features Syneron elos laser system; eMatrix, ST Skin Tightening, Triniti, Fotofacial
RF Pro, Matrix IR

Microdermabrasion; Genesis Systems

Clarisonic, Obagi, Neova, Jane Iredale, and Skin Medica Product lines

Awards/ Honors

Texas Super Doctors: *Texas Monthly Magazine Award*, (7) 2004-2010
Top Docs Houston: *H Texas Magazine Award*, 2011
Top Docs Houston: *H Texas Magazine Award*, 2010
Doctors Choice: *Houston Health & Fitness Magazine*: (3) 2008-2010
Best Doctors in America: (5) 2007-2011
Top Docs Houston: *H Texas Magazine Award*, 2009
Outstanding Clinical Faculty Award; **BCM Division of Plastic Surgery**, July 2008
Marquis' Who's Who in America : 2008
Top Plastic Surgeons in America: 2006-2010
Top Docs for Women: *H Texas Magazine Award*, July 2007
Top Doctors Houston: *H Texas Magazine Award*, March 2007
Top Docs for Women: *H Texas Magazine Award*, March 2006
Patients' Choice Award, American Registry, 2009-2010

Specialty Interests

Facial Plastic Surgery – Cosmetic and aesthetic surgery practice devoted to all contemporary aspects of the field, including special emphasis on rhinoplasty, secondary rhinoplasty, facial contour implants, facial rejuvenation surgery, Botox, soft soft tissue fillers, microdermabrasion and advanced skincare.

Lasers – A complete office based program featuring the *Ultrafine Erbium Laser*, *Coherent Medical System* for photoaging, facial rhytids, facial acne scars and blemishes. *Syneron Elos System* for skin rejuvenation, skin tightening, wrinkle reduction, and laser hair removal.

Advanced adult functional endoscopic sinus surgery for individuals with chronic rhinosinusitis. Special interests in revision surgery, allergic fungal sinusitis, and immunodeficiency. A featured surgeon for sinus *Instatrak* Video Imaging System

Laser skin therapy for vascular lesions, telangectasias and spider angiomas, benign pigmented lesions featuring an office based *KTP Aura Starpulse Laser*, *Iridex*.

Surgical management for adult functional nasal, snoring and sleep disorders

Practice and business development interests, including office design concepts, computers, video imaging, marketing, public relations and practice management

**Current Hospital and
Surgery Center
Affiliations**

St. Luke's Episcopal Hospital
Active Staff

The Methodist Hospital
Courtesy Staff

Tenet Park Plaza Hospital
Courtesy Staff

Museum District Aesthetic Surgery Center

**Hospital and
Committee Service**

Houston Society of Otolaryngology: President 2007-2008
Houston Society of Otolaryngology: Vice President 2005-2007
Houston Society of Otolaryngology; Secretary/ Treasurer 2005-2006

St. Luke's Independent Practice Association, (IPA); Elected representative to IPA
Congress – Department of Otolaryngology, St. Luke's Episcopal Hospital, 2003-
2006

Committee Chair, Performance Improvement Team, St. Luke's Medical Tower
Ambulatory Surgical Center, 2002-present

Section Chief of Otolaryngology, Department of Surgery
Tenet Park Plaza Hospital, 1999 - 2000

Utilization Review Committee
St. Luke's Episcopal Hospital, 1999 –present

Quality of Care Committee
St. Luke's Episcopal Hospital, 2000

Committee chair, Center of Excellence for Nasal and Sinus Surgery
St. Luke's Episcopal Hospital, 2001

**Professional
Organizations**

Fellow:
American Academy of Otolaryngology-Head and Neck Surgery
American College of Surgeons
American Academy of Facial Plastic and Reconstructive Surgery

Membership:

American Medical Association
Texas Medical Association
Harris County Medical Society
Houston Society of Otolaryngology
American Academy of Cosmetic Surgery

CME/course resume

9.0hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds CME credits 2010

16.0hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds CME credits 2009

14.25hrs Advanced Rhinology Concepts, UT Medical School at Houston 2009

4.0hrs Houston Society of Otolaryngology Lecture Series, UT Houston 2009

1.0hr “The Ethics of Facial Allograft Transplantation” BCM, Center for Medical Ethics and Health Policy Grand Rounds

43.00hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds total CME credits 2008

33.00hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds total CME credits 2007

03.00hrs Advances in Cosmetic and Facial Reconstructive Surgery, Houston, Texas; April 14, 2007

18.00hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds total CME credits 2006

32.00hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds total CME credits 2005

39.00 hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds total CME credits 2004

46.00 hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds total CME credits 2003

13.00 hrs Advances in Cosmetic Blepharoplasty, Brow and Midface Lift, St. Louis University School of Medicine; August 8-9, 2003

45.00 hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds total CME credits 2002

12.00 hrs Fall Meeting, American Academy of Otolaryngology-Head and Neck Surgery, San Diego, CA, 2002

35.00 hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds total CME credits 2001

40.00hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds, total CME credits, 2000

06.00 hrs Fall Meeting, American Academy of Otolaryngology-Head and Neck Surgery, Washington, DC, 2000

46.00 Total CME hrs for 2000

14.50 hrs Fall Meeting, American Academy of Facial Plastic and Reconstructive Surgery, New Orleans, LA, 1999

13.00 hrs Fall Meeting, American Academy of Otolaryngology-Head and Neck Surgery, New Orleans, LA, 1999

28.00 hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds, total CME credits, 1999

55.50 Total CME hrs for 1999

17.00 hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds, total CME credits, 1998

17.00 Total CME hrs for 1998

10.75 hrs Fall Meeting, American Academy of Facial Plastic and Reconstructive Surgery, San Francisco, CA, 1997

19.00 hrs Fall Meeting, American Academy of Otolaryngology-Head and Neck Surgery, San Francisco, CA, 1997

22.00 hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds, total CME credits, 1997

02.00 hrs Tenet Park Plaza Hospital CME program, total CME credits, 1997

53.75 Total CME hrs for 1997

08.00 hrs Fall Meeting, American Academy of Facial Plastic and Reconstructive Surgery, Washington, DC, 1996

23.00 hrs Fall Meeting, American Academy of Otolaryngology-Head and Neck Surgery, Washington, DC, 1996

16.00 hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Rounds, total CME credits, 1996

03.00 hrs Tenet Park Plaza Hospital CME program, total CME credits, 1996
50.00 Total CME hrs for 1996

05.00 hrs 35th Annual Visiting Professor, David W. Kennedy, MD, “Advanced Endoscopic Sinus Surgery”, Baylor College of Medicine, Houston, Texas, 1995

16.00 hrs Fall Meeting, American Academy of Facial Plastic and Reconstructive Surgery, New Orleans, LA, 1995

12.00 hrs Fall Meeting, American Academy of Otolaryngology-Head and Neck Surgery, New Orleans, LA, 1995

22.00 hrs AAO-HNS/ Karen Zupko and Associates, “Reimbursement Triathlons in Managed Care” New Orleans, LA, February 1995

02.00 hrs Baylor College of Medicine, Otolaryngology-Head and Neck Surgery Grand Round, total CME credits, 1995

04.00 hrs AMI Park Plaza Hospital CME program, total CME credits, 1995
61.00 Total CME hrs for 1995

19.50 hrs Fall Meeting, American Academy of Facial Plastic and Reconstructive Surgery, San Diego, CA, 1994

24.00 hrs Fall Meeting, American Academy of Otolaryngology-Head and Neck Surgery, San Diego, CA, 1994

03.00 hrs AMI Park Plaza Hospital CME program, total CME credits, 1994
46.50 Total CME hrs for 1994

12.00 hrs Lasers in Dermatology and Plastic Surgery Course, Stanford University School of Medicine, San Francisco, CA, 1993

KTP/NdYag Laser Instructional Course, Western Institute for Laser Treatment Gregory S. Keller, MD, Santa Barbara, CA, 1993

05.00 hrs AMI Park Plaza Hospital CME program, total CME credits, 1993
17.00 Total CME hrs for 1993

09.00 hrs Fall Meeting, American Academy of Otolaryngology-Head and Neck Surgery, Washington, DC, 1992

05.00 hrs AMI Park Plaza Hospital CME program, total CME credits, 1992
13.00 Total CME hrs for 1992

ICD-9/CPT Coding Workshop (1992) for Otolaryngologists, American Academy of Otolaryngology- Head and Neck Surgery. Karen Zupko and Associates Dallas, Texas, 1991

. hrs Fall Meeting, American Academy of Facial Plastic and Reconstructive Surgery, Kansas City, MO, 1991

Plastic Surgery of the Aging Face Course, American Academy of Facial Plastic and Reconstructive Surgery, St. Louis, MO, 1991

Annual Meeting, American Society of Outpatient Surgeons
San Diego, CA, 1991

Winter Meeting, Southern Section – American Academy of Facial Plastic and Reconstructive Surgery, Houston, Texas, 1991

****.** Total CME hrs for 1991**

Facial Skin Malignancies Course, American Academy of Facial Plastic and Reconstructive Surgery, Seattle, Washington, 1990

26.50 hrs AO/ASIF Maxillofacial Course, Chicago, Illinois, 1989

****.** hrs** Fall Meeting, American Academy of Otolaryngology-Head and Neck Surgery, Washington, DC, 1988

20.00 hrs Advanced Telescopic Sinonasal Surgery and Allergy Course, Northwestern University Medical School, Chicago, Illinois, 1988

****.** hrs** Fall Meeting, American Academy of Facial Plastic and Reconstructive Surgery, Chicago, Illinois, 1987

****.** hrs** Fall Meeting, American Academy of Otolaryngology-Head and Neck Surgery, Chicago, Illinois, 1987

14.00 hrs Basic Telescopic Sinonasal and Allergy Course, Northwestern University Medical School, Chicago, Illinois, 1987

60.5 Total CME hrs for 1987 to 1990

Publications

“HIV-Associated Facial Lipoatrophy: Establishment of a Validated Grading Scale” - Funk E, Brissett AE, Friedman CD, **Bressler FJ**, The Laryngoscope, Lippincott, Williams and Wilkins (Vol.117: XX 2007, Pages 1-5)

“Contemporary surgical management of HIV-associated facial Lipoatrophy”.

Funk E, **Bressler FJ**, Brissett AE

Otolaryngology - Head and Neck Surgery

06 June 2006 (Vol. 134, Issue 6, Pages 1015-1022)

“Surgery of the Aging Face: Advances and Functional Considerations in Facial Plastic Surgery”, Kridel RWH, **Bressler FJ**: Medical Clinics of North America, ed. Josephson, MD, May 1993, V.77: 3, pp657-675.

“The Aging Face”, Kridel RWH, **Bressler FJ**: Head and Neck Surgery-Otolaryngology, JB Lippincott, ed. Byron Bailey, MD, April 1993, Chapter 168.

“The Pectoralis Major Myofascial Flap for Intraoral and Pharyngeal Reconstruction”, Shindo ML, Costantino PD, Friedman CD, Pelzer AS, Sisson Sr. GA, **Bressler FJ**: Archives of Otolaryngology-Head and Neck Surgery, July 1992, V.118, pp707-711.

Presentations

“Panel Discussion, Managing the Art of Patient Interaction” **Bressler FJ**, Aguilar F, Edmonds J, Hamilton S; BCM Department of Plastic Surgery, January 14, 2011.

Poster Presentation: “Advanced Applications of Medial Crura Overlay Technique in Nasal Tip Refinement” Ho T, **Bressler FJ**, Brissett AE; Combined Spring Meeting, COSM, San Diego, California April 26, 2007

“Panel Discussion on Rhinoplasty”: **Bressler FJ**, Stal S, Eisemann M, Lee D; Featured Speaker, Daniels Rollin; Advanced in Cosmetic and Facial Reconstructive Surgery; April 14, 2007. Houstonian Hotel and Conference Center, Houston, Texas

“Rhinoplasty Panel”: **Bressler FJ**, Stal S, Eisemann M, Grand Rounds Presentation, Baylor College of Medicine; Department of Plastic Surgery; December 8, 2006. TCH Conference Center.

“Contemporary Surgical Management of HIV-Associated Facial Lipoatrophy”; Funk E, (presenter), **Bressler FJ**, Brissett AE; Annual Meeting of American Academy of Otolaryngology-Head and Neck Surgery, September 25, 2005; Los Angeles, CA.

“Secondary and Functional Rhinoplasty” : **Bressler FJ**, Stal S, Grand Rounds Presentation, Baylor College of Medicine; Department of Plastic Surgery; August 12, 2005. TCH Conference Center.

“Rhinoplasty Panel”: **Bressler FJ**, Stal S, Lee D, Eisemann M, Grand Rounds Presentation, Baylor College of Medicine; Department of Plastic Surgery; May 13, 2005. TCH Conference Center.

“HIV-Associated Facial Lipoatrophy: Establishment of a Validated Grading Scale.” Funk E, **Bressler FJ**, Brissett AE; Spring Meeting COSM, Boca Raton Florida, May 13, 2005.

“Secondary and Functional Rhinoplasty”, **Bressler FJ**; Presentation, Baylor College of Medicine, Bobby R. Alford Department of Otorhinolaryngology and Communicative Sciences. Houston, Texas. January 24, 2005

“Facial Cosmetic Augmentation” Instructional Course, Friedman CD, **Bressler FJ** Annual Fall Meeting AAO-HNS, San Diego, CA, 2002

“Issues In Rhinoplasty”, Featured Panel Experts - **Bressler FJ**, Kridel RWH, Porter J- Moderator: Houston Society of Otolaryngology, Houston, Texas. March 15,2001

“Revision Rhinoplasty”, **Bressler FJ**: Presentation, Baylor College of Medicine, Bobby R. Alford Department Of Otorhinolaryngology and Communicative Sciences Resident Lecture Series. Houston, Texas. October 23, 2000

“Aesthetic Nasal Reconstruction – Understanding the Difficult Nose”, **Bressler FJ**: Presentation, General Scientific Session, Fall Meeting of Society of Otorhinolaryngology and Head and Neck Nurses (SOHN), New Orleans, LA,1995
“Aesthetic Nasal Reconstruction – Understanding the Difficult Nose”, **Bressler FJ**:

Presentation Houston Chapter SOHN, Houston, Texas, 1995

“Changing Faces – Exciting New Therapy Utilizing the Copper Vapor Laser”,
Bressler FJ, Bressler CA: Presentation, General Scientific Session, Fall Meeting
SOHN, Washington, DC, 1992

“Advances in the Management of Sinusitis”, **Bressler FJ**: Access Houston Cable TV,
Houston Health and Fitness Show, Houston Texas, June 1992

“Copper Vapor Laser Therapy of Vascular Lesions”, **Bressler FJ**: Presentation
Houston Chapter SOHN, May, 1992

“Changing Faces – Exciting New Therapy Utilizing the Copper Vapor Laser”,
Bressler FJ, Bressler CA: Presentation Regional Spring Meeting SOHN,
Houston/Dallas Chapters, April, 1992

“Changing Faces – Exciting New Therapy Utilizing the Copper Vapor Laser”,
Bressler FJ: Presentation Park Plaza Hospital CME, April, 1992

“Recent Advances with Laser Photocoagulation Using the Copper Vapor Laser”,
Bressler FJ, Kridel RWH: Presentation Scientific Session Fall Meeting, American
Academy of Facial Plastic and Reconstructive Surgery (AAFPRS), Kansas City,
Missouri, September, 1991

“Master Seminar; Management of Vascular Lesions of the Face – Update on Laser
Technique”, **Bressler FJ**, Lecturer Copper Vapor Laser Therapy, AAFPRS, Kansas
City, Missouri, September, 1991

“Alar Base Surgery”, Kridel RWH, **Bressler FJ**: Presentation AAFPRS Southern
Section Meeting, Houston, Texas, February, 1991

Mandibular Reconstruction Using Rigid Internal Fixation”, **Bressler FJ**, Friedman
CD, Sisson Sr. GA: Presentation AAFPRS Southern Section Meeting, Houston,
Texas, February, 1991

Discussant Reviewer, AAFPRS Southern Section Meeting, Houston, Texas, 1991

“Rigid Internal Fixation for Mandibular Reconstruction – The Northwestern
Experience”, **Bressler FJ**, Friedman CD, Sisson Sr. GA: Presentation Thirteenth
Annual Resident Research Symposium, Chicago, Illinois, June, 1989

“True Bifid Epiglottis Associated with Multiple Congenital Abnormalities”,
Bressler FJ, Holinger LD, Hutchinson L: Poster Presentation American Society of
Pediatric Otolaryngology, Toronto, Canada, May, 1990

“True Bifid Epiglottis Associated with Multiple Congenital Abnormalities”,
Bressler FJ, Holinger LD: Presentation Pediatric Surgical Society-Chicago, 1988

Personal Data

Married: Cheray Bressler

Children: Jakob Bressler, Belle Bressler, Ian Southwell, Campbell Southwell

Born: March 26, 1958
Chicago, Illinois

Citizenship: USA

References

Upon Request